

CARE MENU

MONSIEUR GEORGE SPA *by lymfea*

17, rue Washington, 75008 Paris

***At the heart of well-being, discover Monsieur
George Spa by Lymfea***

**At the heart of well-being, discover Spa de Monsieur George
by Lymfea In a haven of peace designed for an urban clientele
in search of relaxation, the Spa de Monsieur George invites you to
a unique relaxation experience, in collaboration with Lymfea.
Located in ancient vaulted cellars offering freshness and intimacy,
this space is a refuge from the hustle and bustle of Parisian life.**

BEARD AND FACE TONIC

30 Minutes • 60 Euros

Discover our new “Tonic Beard & Face” treatment, specially designed to revitalize and tone face and neck muscles. This ritual combines an energizing, targeted massage with specific techniques to quickly relax accumulated tension. We use top-of-the-range products specially formulated for men and adapted to beards, to deeply nourish and revitalize your skin.

A moment of intense relaxation, especially for the neck and jaw, from which you'll emerge with a well-groomed beard, regenerated, refreshed skin and a visibly relaxed, toned face.

Monsieur George Spa

FACE AND LIFT

60 Minutes • 120 Euros

Discover our “Face and lift” treatment, a unique ritual that combines advanced facial care with targeted tummy relaxation. Let yourself be enveloped by techniques such as exfoliation, myo-lift, intra-oral massage and facial smoothing, specially designed to relax facial muscles, revitalize skin and redefine facial contours.

*The session ends with 15 minutes of Chi Nei Tsang, a deep belly massage to release emotions and promote a new inner harmony.
A complete moment for a rested face and deep well-being.*

Care menu

GLOBAL STRETCHING

Be Stretch method, 60 Minutes • 120 Euros

Discover our exclusive “Global Stretching” treatment, a manual assisted stretching technique performed on a table (to be practiced with clothes on).

This ritual mobilizes the entire body, muscles, joints and organ systems for total well-being. Each stretch is meticulously tailored to specific needs, to release tension and improve mobility.

This unique method is both powerful and effective, rebalancing the body's overall energy flow and readjusting posture. The result is deep physical relaxation, improved range of motion and muscular release.

Monsieur George Spa

INTENSE RELAXATION

60 Minutes • 120 Euros

Discover our “Relaxation Intense” treatment, a relaxing massage designed to ease tension and revitalize your body. This enveloping ritual aims to release blockages, while stimulating blood circulation to promote lasting relaxation. Perfect for those with fast-paced lifestyles, it relaxes tired muscles and soothes the mind.

Let yourself be carried away by fluid, harmonious movements that relieve physical and mental tension and activate circulation for a deeply soothing experience.

Care menu

DETOX AND VITALITY

60 Minutes • 150 Euros

Discover our “Detox & Vitality” treatment, a body massage designed to stimulate lymphatic circulation and promote the elimination of toxins. This gentle, targeted ritual helps reduce swelling, while revitalizing the body. Ideal for people who spend a lot of time sitting, standing and/or under daily stress, this treatment releases muscular tension and reactivates energy flows. Manual vitamin C!

Thanks to precise, enveloping movements, body drainage provides a visible reduction in swelling, relaxed muscles, a feeling of new-found lightness and a revitalized body. The result: immediate lightness and general well-being!

Monsieur George Spa

ENERGIZING REFLEXOLOGY

60 Minutes • 120 Euros

Discover our “Energizing Reflexology” treatment, a specialized massage combining acupressure points on the plantar zones. This wellness ritual stimulates the immune system, improves digestion and helps you let go. Perfect after a long day at work, it relieves accumulated tension, revitalizes the body and eases mental tension.

By working on the reflex zones of the feet, this treatment helps to soothe the digestive system, promoting better elimination of toxins, while improving blood circulation. Better digestion, a stronger immune system, reduced fatigue, improved circulation and a feeling of lightness.

Care menu

NUTRI DRIP

60 Minutes • 470 Euros

Discover our exclusive Nutri Drip treatment, an intravenous vitamin infusion to deeply revitalize and regenerate your body.

Choose from three specially designed formulas tailored to meet your needs:

***Jet Lag Recovery** : Ideal for counteracting jet lag effects, this infusion restores energy balance, deeply hydrates, and strengthens your immune system for a quick and complete recovery.*

***Hangover Relief** : This targeted treatment provides essential hydration and a vitamin boost to ease discomfort from the previous night, soothe the body, and promote rapid recovery.*

***Nutri Glow** : Designed to revive your skin's natural radiance, this treatment combines powerful vitamins and nutrients for glowing, revitalized skin and a luminous complexion.*

A true wellness ritual for renewed energy and radiant, healthy skin. These services are overseen by a medical team and require an initial visit and consultation with the doctor to customize each treatment to your needs.

Spa Monsieur George

BOOK A CARE

CONTACT US

Net price in euros.
Services and taxes included.

MONSIEUR
GEORGE
CHAMPS-ÉLYSÉES

***Cancellation and Rescheduling Policy:** Any cancellation made less than 24 hours before the appointment will be charged. Rescheduling within this timeframe is subject to availability.*

***Arrival time:** To fully enjoy your experience, we recommend arriving at least 10 minutes prior to your treatment. This will allow you to prepare, relax, and make use of the spa facilities. Please note that any delay will shorten the duration of your treatment without a reduction in the price.*